



Iowa Medicaid
DUR Mental Health Work Group
Meeting Minutes April 11, 2008

Attendees

Work Group Members

Bruce Alexander	Samuel Kuperman
Kevin Took	Terry Augspurger
Sara Schutte-Schenck	Rick Rinehart-Absent
Chris Okiishi-Absent	Chuck Wadle

Staff

Thomas Kline	Shelly Larson
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Guests

Susan Parker, IME	Sandy Pranger, IME
Chad Bissell, IME	

Observers

Brian Fort, Bristol-Myers Squibb	Antonette Sampson, AstraZeneca
Sally Nadolsky, IME	Angela Erickson, IME
Cynthia Tracy, IME	

Larson called the meeting to order at 8:35 a.m. at the Iowa Medicaid Enterprise. Commission members, guests, and observers were welcomed and introduced.

The minutes from the February 6, 2008 meeting were approved. (Motion by Wadle, second by Took, unanimous approval by voice vote.)

The Mental Health Work Group (MHWG) discussed quantity limit edits for Concerta® SA, Effexor® XR, Focalin® XR, Lexapro 20mg, Metadate® CD, and Seroquel. The MHWG discussed that the lower dose stimulants were used for tapering purposes and therefore placing a consolidation edit of 60 tablets/30 days would present problems for providers. Prescriptions were often written for the following, one tablet a day for one week, two tablets a day for one week, and then three tablets a day for one week. This would add up to a quantity of 42 tablets/21 days. It was discussed that to prevent rejections on claims for the lower doses of stimulants it was important that the physician write on the prescription that it is for a 21-day supply. This will relay to the pharmacist that the number should be placed in the quantity supply field in their computer and prevent the claims from being rejected. If the pharmacist inadvertently entered the prescription for a 30-day supply, the claim would be rejected. For physicians that use e-prescribing, it was important that they enter the days supply, rather than the tablet quantity, in order to allow prescriptions for tapering to be filled. (While this model is feasible for this particular situation, filling all prescriptions for a 21-day supply for all quantities/medications will not necessarily work.) It was discussed that this information should be forwarded to the Iowa Psychiatric Society to disseminate the information to its

members, as well as pharmacists across the state to minimize problems for all parties involved.

The MHWG agreed on the consolidation edits listed below and these will be referred to the Iowa Medicaid Drug Utilization Review Commission for their approval. The MHWG requested further data on Seroquel for the next meeting on July 15, 2008, when it will be discussed further. In addition, a letter regarding these edits will be forwarded to the Iowa Psychiatric Society for dissemination to its members for comments.

Drug Product	Quantity	Days Supply
Concerta SA 18mg	62	31
Concerta SA 27mg	62	31
Concerta SA 36mg	62	31
Concerta SA 54mg	62	31
Focalin XR 5mg	62	31
Focalin XR 10mg	62	31
Focalin XR 15mg	93	31
Focalin XR 20mg	93	31
Metadate CD 10mg	62	31
Metadate CD 20mg	93	31
Metadate CD 30mg	62	31
Metadate CD 40mg	62	31
Metadate CD 50mg	62	31
Metadate CD 60mg	62	31
		31
Effexor XR 150mg	93	31
Lexapro 20mg	62	31

The meeting was adjourned at 9:35 a.m.

The next meeting will be held at 8:00 a.m. on Tuesday, July 15, 2008 at the Iowa Medicaid Enterprise.